Non-Surgically Assisted Rapid Maxillary Expansion in Adults. Capelozza L, Neto JC, et al:
INT J ADULT ORTHODON ORTHOGNATH SURG 1996; 11 (1st Quarter): 57-66

Conclusions: Nonsurgical rapid maxillary expansion may be appropriate for adults who require minimal expansion of the maxilla.

AM J ORTHOD DENTOFACIAL ORTHOP 1997; 111 (April): 410-418

Conclusions: Early treatment of functional unilateral posterior crossbite reduces the possibility of developing permanent skeletal asymmetry and dentoalveolar compensations.